



Soccer Association for Youth, USA

SAY Referee Training Syllabus

LAWS: 13 - 17



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Written By: The SAY National Rules & Referees Committee
Charles Keane, Director of Officials

LAW 13: Free-Kicks



DIRECT FREE KICK

AWARDED

**FOR ONE OF THE TEN (10)
MAJOR FOULS**

KICKER

**CANNOT PLAY THE BALL A
SECOND TIME IN
SUCCESSION**

**CAN SCORE A GOAL ON
THE FIRST TOUCH**

**ONLY AGAINST AN
OPPONENT**

NOT AGAINST OWN TEAM

INDIRECT FREE KICK

AWARDED

**FOR ANYTHING OTHER
THAN A MAJOR FOUL**

KICKER

**CANNOT PLAY THE BALL A
SECOND TIME IN
SUCCESSION**

BALL

**MUST BE TOUCHED BY
ANOTHER PLAYER BEFORE
A GOAL CAN BE ALLOWED**

ALL FREE KICKS

TAKEN

**FROM WHERE THE OFFENSE
OCCURRED**

EXCEPTIONS:

**DIRECT FREE-KICKS IN
OPPONENT'S PENALTY ARE
(PENALTY KICK)**

**ANY FREE-KICK WITHIN OWN
GOAL AREA**

**(BALL MAY BE PLACED
ANYWHERE WITHIN GOAL
AREA)**

ALL FREE KICKS

BALL

MUST BE STATIONARY

BALL IN PLAY

**WHEN IT IS KICKED AND
MOVES**

**MUST LEAVE KICKING
TEAM'S OWN PENALTY
AREA**

OPPONENTS

**MUST MOVE AT LEAST 10 YDS.
FROM THE BALL**

WINGS - 8 YARDS

PASSERS - 6 YARDS

**UNLESS ON THE GOAL-LINE
- AND -
BETWEEN THE GOAL-POSTS**

KICKING TEAM

**MAY NOT TAKE KICK INSIDE
OPPONENT'S GOAL AREA**

KICKING TEAM

FROM WITHIN OWN PENALTY
AREA

BALL MUST LEAVE THE
PENALTY AREA INTO THE
FIELD OF PLAY

ALL OPPOSING PLAYERS MUST
BE 10 YDS. FROM BALL AND
OUTSIDE PENALTY AREA

WINGS - 8 YARDS

PASSERS - 6 YARDS

ALL OPPOSING PLAYERS
MUST REMAIN OUTSIDE
PENALTY AREA UNTIL BALL
LEAVES THE AREA

REFEREE'S SIGNAL

DIRECT FREE KICK

POINT TO SPOT OF KICK

DIRECTION OF KICK

INDIRECT FREE KICK

POINT TO SPOT OF KICK

DIRECTION OF KICK

HAND STRAIGHT UP IN AIR

LAW 14:

Penalty-Kick



AWARDED

**IF A DEFENDER COMMITS A
MAJOR FOUL IN OWN PENALTY
AREA**

KICKER

**MUST BE IDENTIFIED TO THE
REFEREE & GOALKEEPER**

**NOT ALLOWED TO FAKE THE
KICK**

**CANNOT PLAY THE BALL A
SECOND TIME IN SUCCESSION**

GOALKEEPER

**MUST BE BETWEEN THE
GOAL-POSTS**

**MUST HAVE BOTH FEET ON
THE GOAL-LINE**

**ALLOWED TO MOVE ALONG
THE GOAL-LINE PRIOR TO THE
KICK**

**CANNOT MOVE FEET FORWARD
UNTIL BALL IS IN PLAY**

ALL OTHER PLAYERS

MUST BE ON THE FIELD

**MUST BE OUTSIDE THE
PENALTY AREA**

**MUST BE OUTSIDE THE
PENALTY ARC**

**MUST BE BEHIND THE
PENALTY MARK**

THE BALL

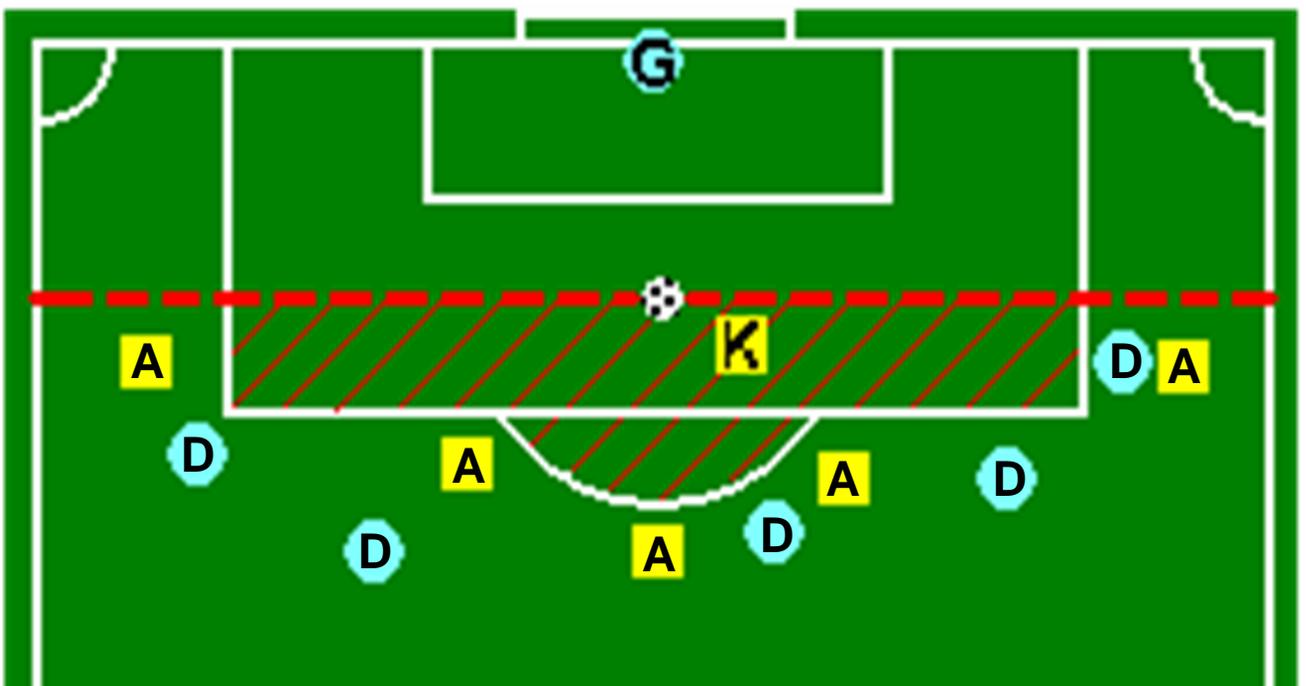
**MUST BE PLACED ON THE
PENALTY MARK**

MUST BE STATIONARY

**MAY NOT BE KICKED UNTIL
THE REFEREE SIGNALS WITH
WHISTLE**

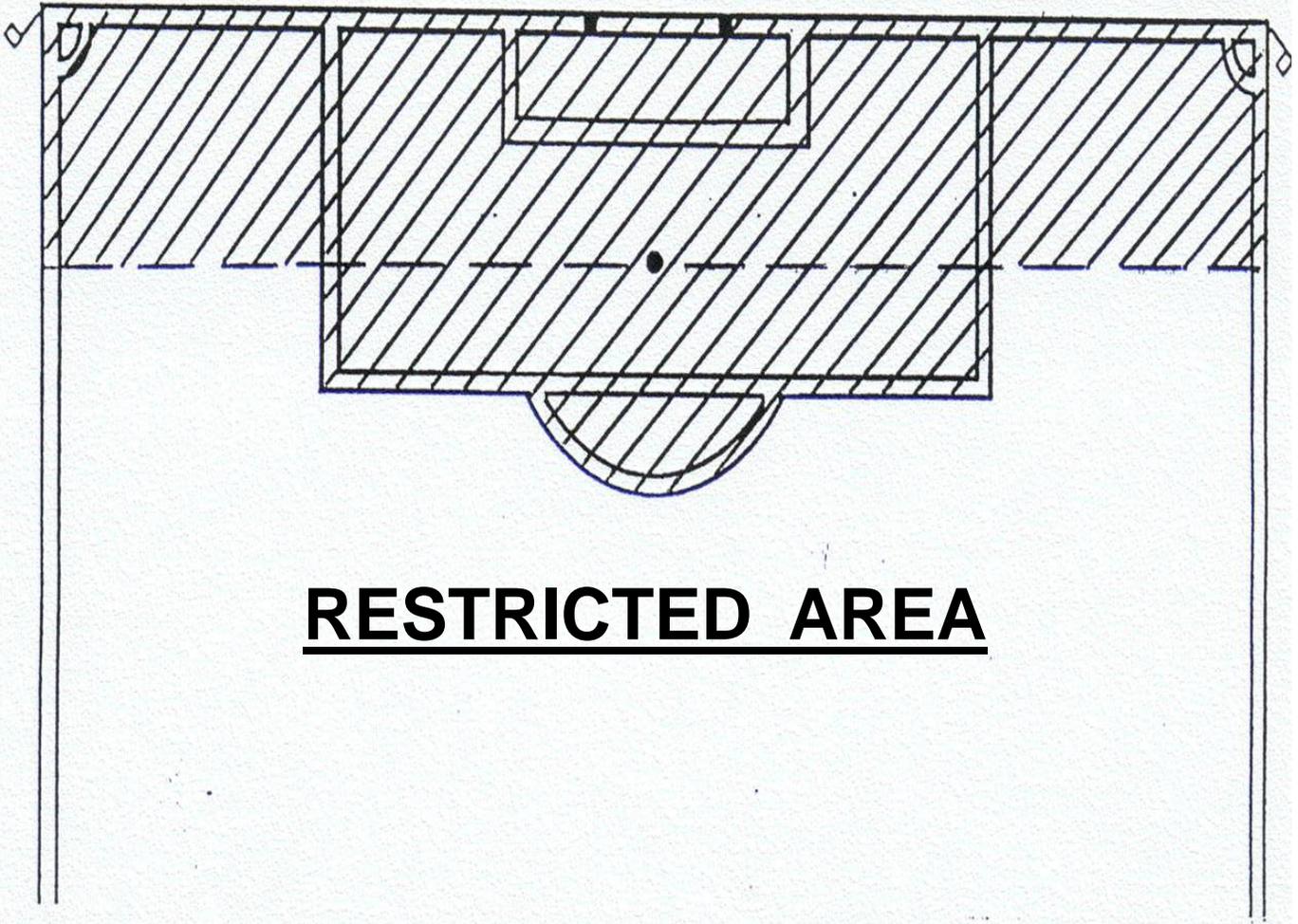
**IS IN PLAY WHEN IT IS
KICKED AND MOVES FORWARD**

PENALTY KICK



LOCATION OF PLAYERS

PENALTY KICK



RESTRICTED AREA

INFRINGEMENTS

BY BOTH TEAMS

RETAKE THE PENALTY-KICK

BY DEFENSE

IF GOAL IS SCORED,

LET IT STAND

IF GOAL IS NOT SCORED

RE-TAKE THE KICK

INFRINGEMENTS

BY OFFENSE

IF GOAL IS SCORED

DISALLOW

RE-TAKE THE KICK

IF GOAL IS NOT SCORED

STOP PLAY

**RESTART WITH AN
INDIRECT FREE KICK**

**AT SPOT OF
INFRINGEMENT**

Penalty Kick Chart

RESULT OF PENALTY-KICK	NO VIOLATION	VIOLATION BY OFFENSE ONLY	VIOLATION BY DEFENSE ONLY	VIOLATION BY BOTH TEAMS
ENTERS GOAL	GOAL	RE-KICK	GOAL	RE-KICK
GOES DIRECTLY OVER GOAL-LINE OUT-OF-BOUNDS	GOAL KICK	INDIRECT FREE KICK	RE-KICK	RE-KICK
REBOUNDS INTO PLAY FROM GOAL OR OFF GOALKEEPER	CONTINUE PLAY	INDIRECT FREE KICK	RE-KICK	RE-KICK
SAVED & HELD BY GOALKEEPER	CONTINUE PLAY	INDIRECT FREE KICK	RE-KICK	RE-KICK
DEFLECTED OUT-OF-BOUNDS BY GOALKEEPER	CORNER KICK	INDIRECT FREE KICK	RE-KICK	RE-KICK

IMPORTANT POINTS

**SIGNAL NOT GIVEN UNTIL
EVERYONE IS IN PLACE**

**IF INFRINGEMENT OCCURS
AFTER SIGNAL IS GIVEN:**

ALLOW KICK TO PROCEED

**THEN DECIDE HOW TO
RESTART**

QUARTER (HALF)

**SHALL BE EXTENDED FOR A
PENALTY-KICK**

THE PLAY ENDS WHEN:

**A GOAL IS SCORED (ONE
TOUCH BY THE KICKER)**

**THE BALL LEAVES THE
FIELD OF PLAY**

**THE BALL REBOUNDS INTO
PLAY AND COMES TO REST**

**THE BALL IS TOUCHED BY
ANY PLAYER OTHER THAN
THE GOALKEEPER**

Brain Teaser

Time has expired but you must extend time for a Penalty Kick.

After blowing your whistle, the kicker hits a very hard shot that rebounds off the goal post to a member of the kicker's team.

That player takes a shot and kicks the ball into the goal.

What do you do?

LAW 15: Throw-in



AWARDED

**WHEN THE BALL GOES
COMPLETELY OVER THE
TOUCH-LINE**

**IN THE AIR OR
ON THE GROUND**

**FROM POINT WHERE THE
BALL CROSSED THE TOUCH-
LINE**

AGAINST

**TEAM THAT LAST TOUCHED
THE BALL**

THROWER

MUST FACE FIELD OF PLAY

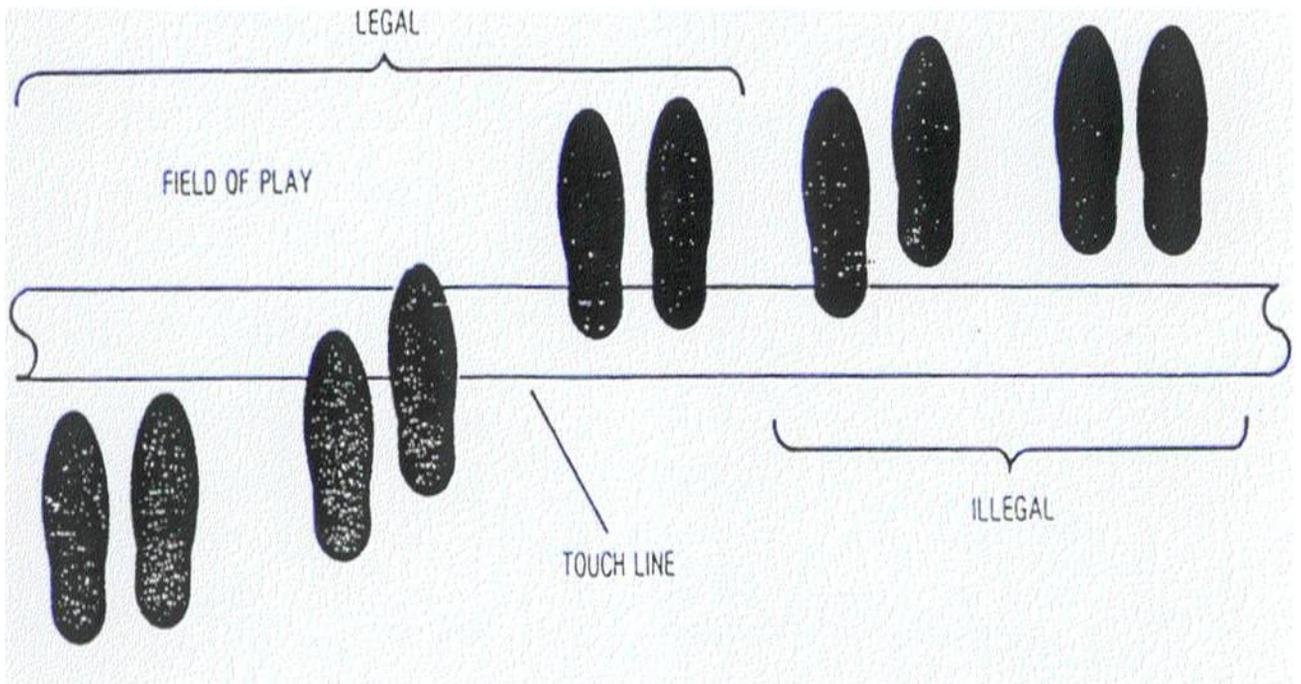
**MUST HAVE ALL OR PART OF
BOTH FEET**

ON THE GROUND

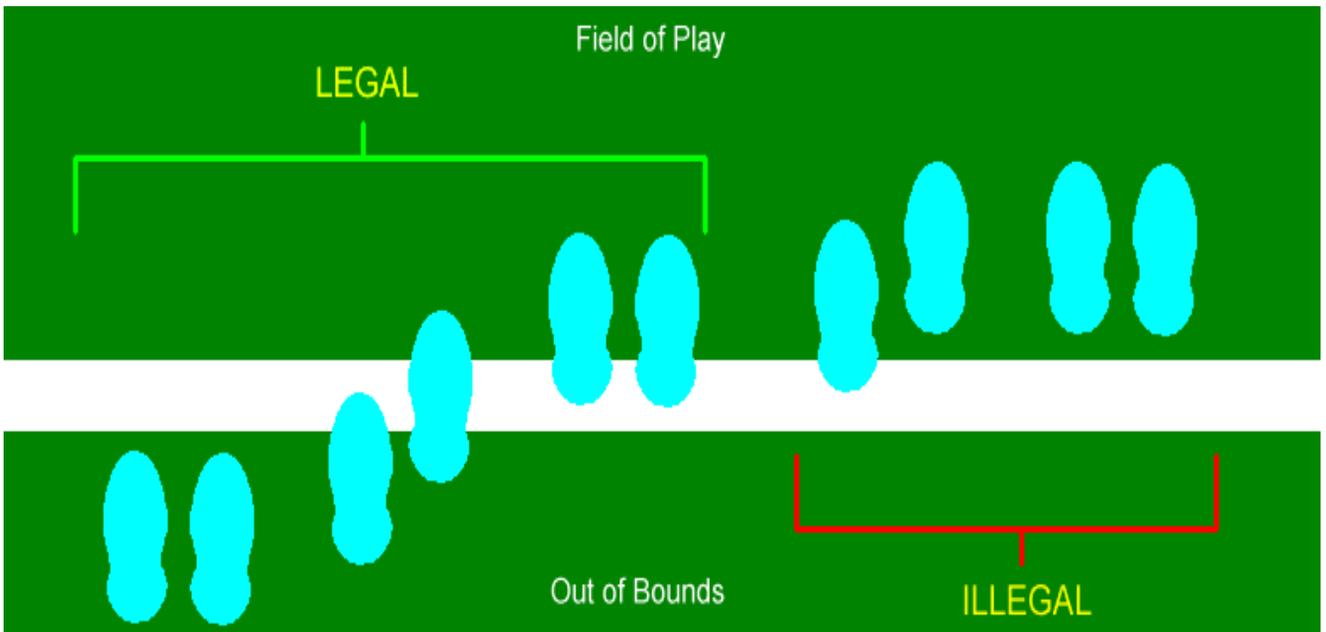
**ON OR OUTSIDE THE
TOUCH-LINE**

**MUST USE BOTH HANDS TO
THROW THE BALL**

**IN A CONTINUOUS MOTION
FROM BEHIND AND OVER
THE HEAD**



THROW - IN



LOCATION OF FEET

BALL IS IN PLAY

**WHEN ANY PART OF BALL
ENTERS THE FIELD IN THE AIR**

**(CUTS THE PLANE OF
THE TOUCH-LINE)**

AND

**HAS BEEN RELEASED FROM
THE THROWER'S HANDS**

IF TAKEN IMPROPERLY

**OTHER TEAM IS AWARDED
THROW-IN**

THROWER

**MAY NOT TOUCH THE BALL
TWICE IN SUCCESSION**

A GOAL MAY NOT BE SCORED

DIRECT FROM A THROW-IN

THE OFFSIDE LAW

**DOES NOT APPLY AT THE
TAKING OF A THROW-IN**

OPPONENT

MUST REMAIN AT LEAST 2-YARDS AWAY

CANNOT IMPEDE A THROW

CANNOT DISTRACT THE THROWER

BY JUMPING UP AND DOWN

OR

BY WAVING ARMS

IT IS A FOUL (STRIKING)

**TO HIT AN OPPONENT WITH
THE BALL VIOLENTLY**

Brain Teaser

You are one of the referees in a passer game.

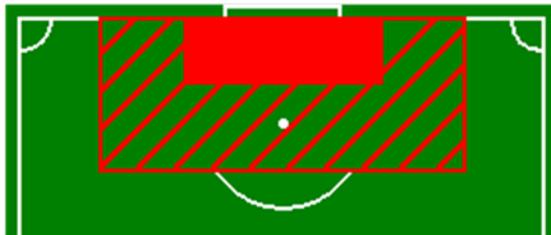
You see the ball go over the Touch-Line, but because the players were in a pack of 7 or 8 players you do not know which team kicked it last.

You are the referee closest to the play so everyone is looking to you for the call.

What do you do?

LAW 16: Goal-Kick





AWARDED

TO THE DEFENDING TEAM

WHEN THE BALL

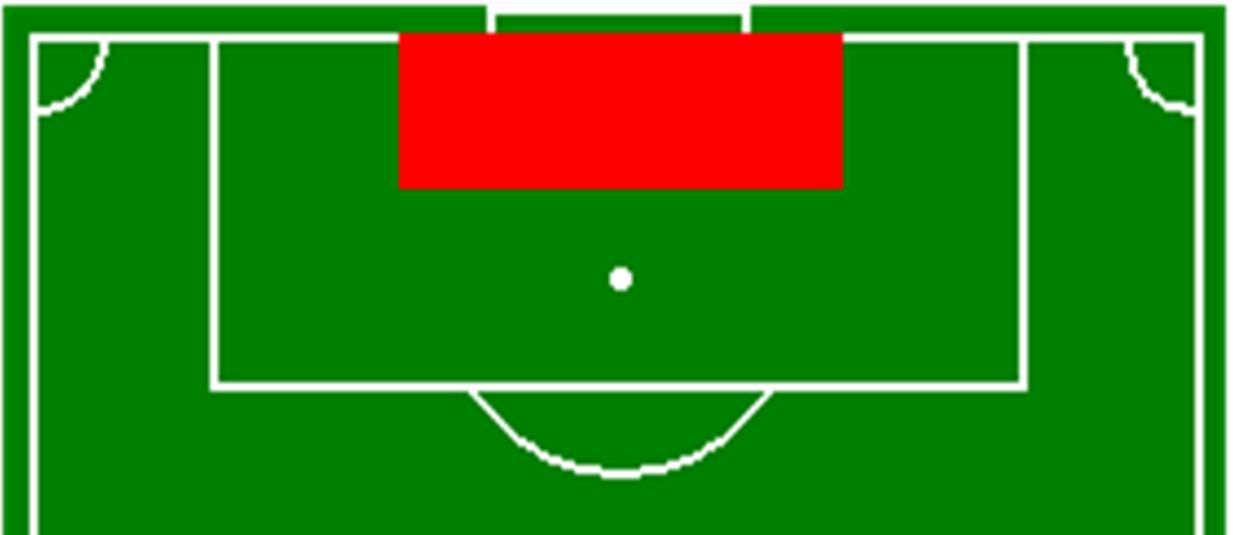
**GOES COMPLETELY OVER
THE GOAL LINE**

**IN THE AIR OR
ON THE GROUND**

**AFTER LAST TOUCHING AN
ATTACKING PLAYER**

PLACE BALL

**ANYWHERE IN GOAL AREA
(EXCEPT PASSERS)**

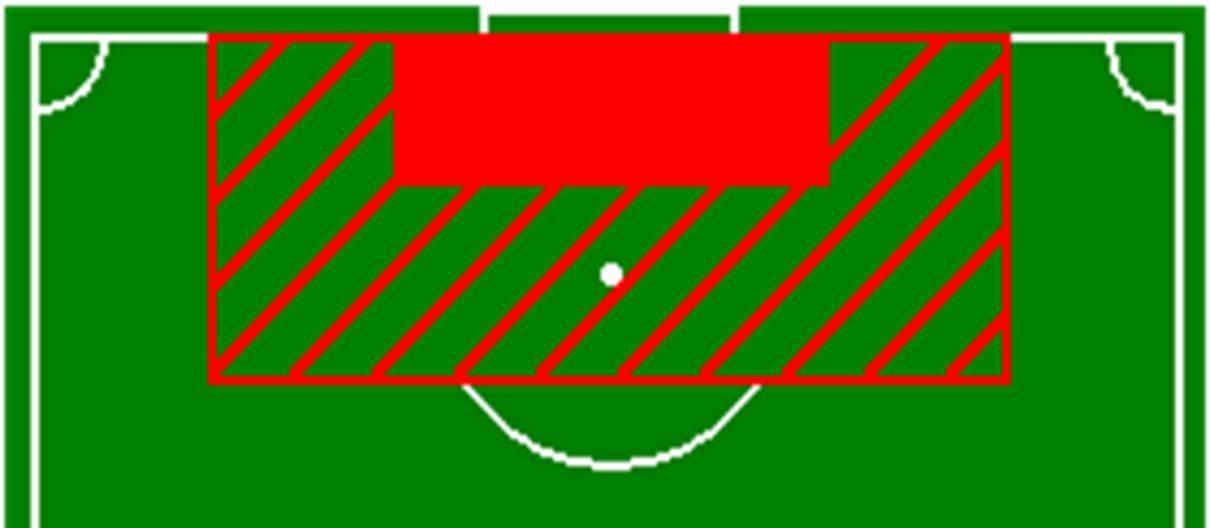


AVOID TIME WASTING

OPPONENTS

**MUST REMAIN OUTSIDE THE
PENALTY AREA**

UNTIL THE BALL IS IN PLAY



BALL IN PLAY

**WHEN IT COMPLETELY LEAVES
THE PENALTY AREA INTO THE
FIELD OF PLAY**

RETAKE

**IF BALL DOES NOT LEAVE
PENALTY AREA ON ONE
TOUCH**

KICKER

**MAY NOT TOUCH THE BALL
TWICE IN SUCCESSION**

GOAL

**CAN BE SCORED DIRECTLY
ONLY AGAINST THE OPPONENT**

PLAYERS

CANNOT BE OFFSIDE

SIGNAL

**DOES NOT HAVE TO BE A
WHISTLE**

Brain Teaser

You are the lead referee when the ball is kicked out by the attacking team.

The defending team very quickly gets the ball and places it properly in the Goal Area and takes the kick.

One of the opponents is a little slow in clearing the Penalty Area and has his back to the kick.

The ball hits the player and rebounds into the goal of the kicking team.

Since you are now the trail referee, everyone is looking to you to make the call. What do you do?

LAW 17:

Corner-Kick



AWARDED

TO THE ATTACKING TEAM

WHEN THE BALL

**GOES COMPLETELY
OVER THE GOAL-LINE**

**IN THE AIR OR
ON THE GROUND**

**AFTER LAST TOUCHING A
DEFENDING PLAYER**

PLACE BALL

IN THE NEAREST CORNER ARC

OPPONENTS

**MUST REMAIN AT LEAST
10 YDS. FROM BALL, EXCEPT:**

WINGS - 8 YARDS

PASSERS - 6 YARDS

UNTIL THE BALL IS IN PLAY

BALL IN PLAY

**WHEN IT HAS BEEN KICKED
AND MOVES**

KICKER

**MAY NOT TOUCH THE BALL
TWICE IN SUCCESSION**

GOAL

MAY BE SCORED DIRECTLY

PLAYERS

CANNOT BE OFFSIDE

SIGNAL

**DOES NOT HAVE TO BE A
WHISTLE**

CORNER KICK – BALL PLACEMENT





Brain Teaser

You are the lead referee when the ball is kicked out by the defending team.

The attacking team now very quickly gets the ball and places it properly in the corner arc and takes the kick.

The ball hits the near goal post and rebounds to the kicker.

The kicker makes a beautiful banana kick right into the goal.

Your referee partner blows the whistle signaling a goal.

What do you do?